

# Family Medical History

Health problems sometimes run in the family. That's why it's important to know as much as you can about the health of your birth family. This information can help your doctor provide better care.

Start with what you know, then ask your parents or other relatives for more information. It's a good idea to update this chart every year or so. Take a copy with you every time you see a new doctor so that he or she can keep it in your chart.

Family Member	Name	Health problems (and approximate age when problem started or occurred)	If no longer living, cause of death (and age at death)
My mother			
My father			
My sisters and brothers			

Patient Name: \_\_\_\_\_ D.O.B: \_\_\_\_\_